

Minnesota Federal Rental Assistance Fact Sheet

Federal rental assistance helps struggling seniors, people with disabilities, veterans, and working families keep a roof over their heads, often by helping them afford rental units they find in the private market. Ten million people in over 5 million low-income households receive federal rental assistance.

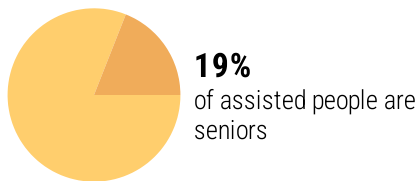
195,400

people in **101,000 Minnesota** households use federal rental assistance to afford modest housing.

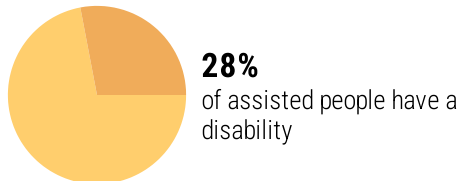
72% are seniors, children, or people with disabilities.



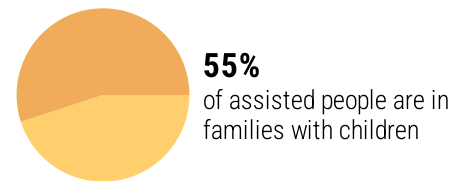
...but **3 in 10 low-income*** people in Minnesota are experiencing homelessness or pay over half their income for rent. Most don't receive federal rental assistance due to limited funding.



Rental assistance helps **38,000** of Minnesota's seniors age in place.



Rental assistance helps **54,300** people with disabilities to live independently in Minnesota.



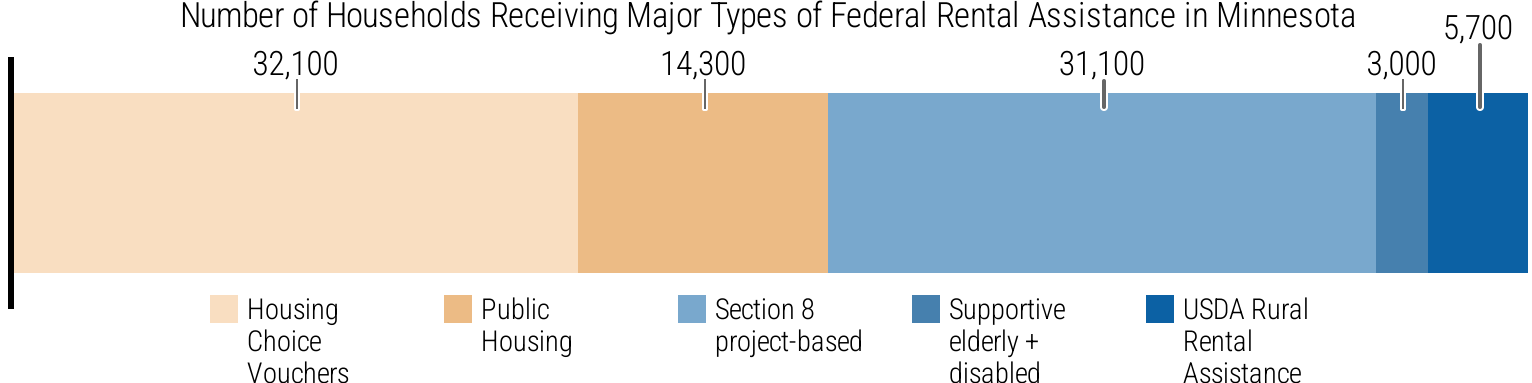
Rental assistance helps **108,300** people in families with children in Minnesota avoid homelessness.

Rental assistance supports working families: **67%** of non-disabled, working-age Minnesota households receiving Department of Housing and Urban Development rental assistance include at least one worker.

Rental Assistance Supports All Types of Minnesota Communities

Rental assistance helps 156,600 people in cities and suburbs, as well as 38,800 people in rural areas and small towns.

Number of Households Receiving Major Types of Federal Rental Assistance in Minnesota



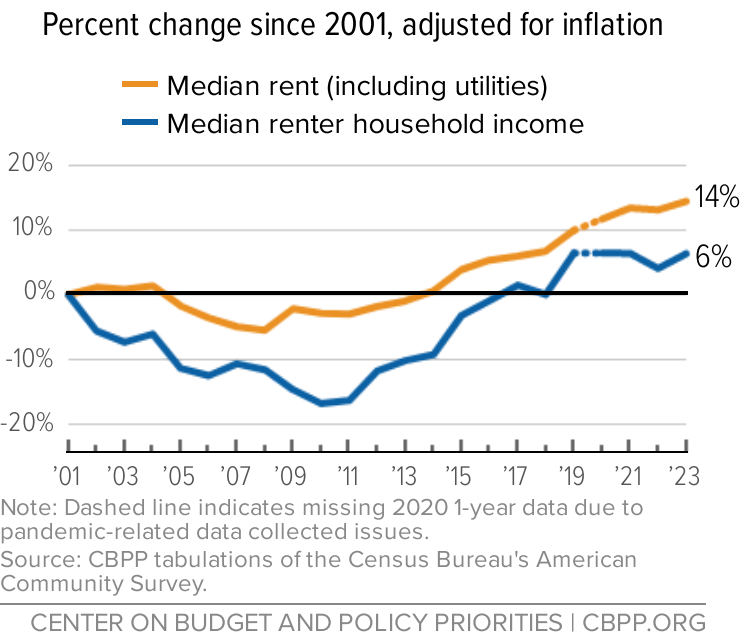
Federal rental assistance programs provided Minnesota with **\$782 million** in 2023.

Rental Costs Have Risen in Minnesota

The median rent (including utilities) for an apartment in Minnesota was **\$1,260/month** in 2023, a 14 percent increase since 2001.

But wages for many jobs have not caught up.

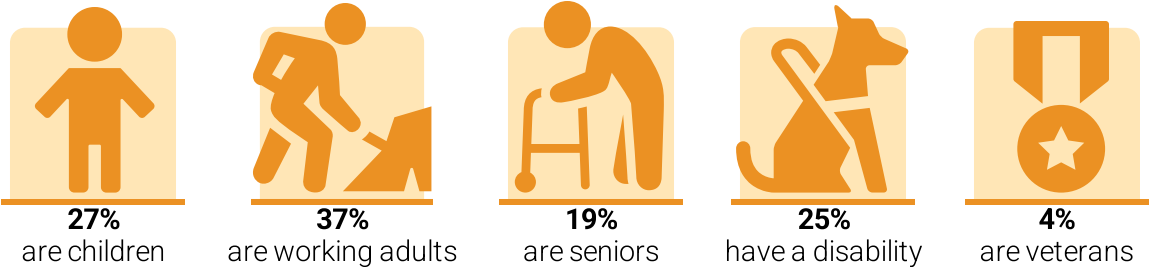
As a result, **255,300** people in **138,000** low-income Minnesota households pay more than half their income for rent, often forgoing necessities, like food or medicine, to keep a roof over their heads. The federal government considers housing unaffordable if it costs more than 30 percent of a household's income.



Federal Rental Assistance Hasn't Kept Pace

Despite the importance of rental assistance, more federal dollars go to homeownership subsidies like the mortgage interest deduction, which mainly benefit higher-income households, instead of families that struggle the most to afford housing. Minnesota communities only thrive when everyone — especially people who have faced housing discrimination on the basis of their race, gender, ability, or sexual orientation — have access to decent, affordable housing.

255,300 low-income Minnesota renters pay more than half their income for housing. Most don't receive rental assistance due to funding limitations. Who are they?



When low-income renters can't find a decent, affordable apartment, they are more likely to be evicted and risk becoming homeless.

On a single night in 2024, **9,200** people experienced homelessness in Minnesota. An estimated **14,590** Minnesota school children lived in shelters, on the street, doubled up with other families, or in hotels or motels during the 2021-2022 school year.

14,590 Minnesota children live in unstable housing

Our country's current policy approach gives more help to those who need it least. We can change this. Policymakers need to work together to expand rental assistance and ensure that all Minnesota residents have access to good, affordable homes.

Last updated January 23rd, 2025

*Low-income = household income not exceeding 80 percent of local median income. For a family of three in Minnesota, 80 percent of the local median is equivalent to \$80,550. Download data for all 50 states and D.C. [here](#). Full sources and methodology available [here](#).